



Do more. Explore more. Enjoy more.

From bowling to baking, do more with Side by Side today.

Whether you're a movie buff or a morning jogger, our Side by Side service is here to help you keep on doing the things you love – and try new things too.

You and your Side by Side volunteer meet up regularly, decide what you'd like to do, and then do it together.

Sounds good? Get in touch today to find out more.

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Call us on:

01189 596482

Email us:

sidebysideberkshire@alzheimers.org.uk

Alzheimer's Society operates in England, Wales and Northern Ireland. Registered charity number 296645

