



# Theale Medical Centre

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## Theale Medical Centre Services – In Brief

### GENERAL APPOINTMENTS

#### 48 hour Appointments

These appointments are for non-urgent symptoms but still need to be seen sooner rather than later.

#### Advance Appointments

These appointments are for reviews and follow up type of appointment, which will be weeks rather than days away.

#### Duty Doctor Appointments

The Duty Doctor deals with appointments for patients too ill to wait for an appointment on another day. This service also included telephone assessments and home visits for those too incapacitated to visit the surgery.

#### Minor Illness Clinic

For the more common complaints such as chest infections, gastro-intestinal complaints, skin complaints, hay fever, simple back & neck pain, Urinary tract, minor injuries and ear nose & throat complaints. This clinic can issue prescriptions and appointments are often available on the day of booking. This clinic is not for infants under one year of age.

### FAMILY PLANNING

These clinics cover a wide range of services several of which are split between doctors, midwives, Health Visitors and Practice Nurses depending on where you are within the family planning programme. Several leaflets are available that explain how we operate:-

- [The Antenatal Leaflet](#)
- [Antenatal & Post-Natal Timetable](#)
- [Ante-Natal – Post-Natal Additional Information Leaflet](#)
- [Pre-conceptual Care Leaflet](#)

#### Ante-Natal Appointments (Doctor)

General checkups and well being.

#### Baby Group

A drop in informal session for mums, dads and of course baby. General advice and guidance and a chance to get the baby weighed. This group is run by the Health Visitors. The Practice Nurses are available for immunisations and other services.

#### Family Planning Clinic

Not so obvious is that this also includes pre-conceptual care advice.

#### Mid-Wife Services

A range of clinics depending on what week of pregnancy you are in. This includes general checkups, well being, arrangements for tests and advice on Antenatal classes etc.

#### Post-Natal Appointments (Doctor)

General checkups and well being of mother and child.

### MINOR OPERATIONS and MEDICALS

#### Cryogenic Clinic

Treatment requiring liquid gas normally for the removal of such things as warts, verrucas etc.

#### Minor Operations

Minor surgical operations e.g. cists.

#### Private Medicals

Medicals for insurance and employment purposes.

## **DIABETIC CLINICS**

### **Diabetic Eye Screening**

A clinic run once a year by a dedicated specialist team.

### **Diabetic Monitoring**

A regular clinic for new patients and reviews for existing patients.

### **Diabetic Podiatry**

A regular clinic specialising in foot care for diabetics.

## **SPECIALISED SERVICES**

Our Practice Nurses have been trained in specific complaints and problems and run the following clinics or Appointments.

### **Asthma**

Regular clinics for the relief and control of Asthma.

### **Cervical Cytology**

This service monitors women's well being.

### **ECG/Audiogram**

Heart monitoring and hearing test clinic.

### **Flu Vaccination**

A winter vaccination service to fight flu.

### **Immunisation**

We run baby and holiday immunisation services.

### **Life Style Advice**

This covers smoking cessation, dietary advice, exercise advice, cholesterol control, well man clinic (includes prostate) and blood pressure control.

### **Phlebotomy**

Many complaints and problems can be diagnosed through analysing blood. This service is run daily.

## **OTHER SERVICES**

### **Diet**

A specialist dietician service for referred patients.

### **District Nurse Services**

Skilled nursing care to all members of the public regardless of age who are unable to attend the surgery. Telephone 0118 930 9001.

### **Counselling**

A specialist counselling service for referred patients.

### **General Treatment Room**

A clinic run by our Practice Nurses. This clinic combines all the services that doesn't have their own clinic and also deals with dressings, stitches, coils etc. Generally covers all ancillary services.

### **Health Visitor Services**

They can give advice on family planning, baby care, immunisation, nutrition, family dynamics, coping with disability & ageing relatives, welfare, bereavement, support groups and much more. Telephone 0118 930 9000.

### **Physiotherapy**

A specialist physio service for referred patients.

### **Podiatry**

A regular clinic specialising in foot care other than diabetics who have their own clinic.